#### SCALP MICROPIGMENTATION AFTERCARE

During the first several days following the therapy, all patients must avoid activities that induce scalp perspiration. They should also refrain from shampooing and cleaning their hair for 48 hours.

After the first four days, most men can shave with a foil electric shaver, but they must be careful not to run it over any scabs that have not yet gone off. Use a dry razor instead. Never use a wet razor. Regular electric shaving and moisturizing are only advised after ten days following the treatment.

#### **Day 1-4**

AVOID the following:

- No Exercising and sweating on days 1-4 following the SMP treatment.
- No Showering, shampooing, and washing the hair
- No rubbing the back of the neck
- No Shaving
- No using a moisturizer
- No putting on a cap
- No direct sunlight
- No swimming, sauna, and steam room

## Day 5-10

- Wash head gently with cold water and mild soap on days 5-10
- Apply unscented body moisturizer 3 times a day to prevent dryness and flaky skin
- Avoid having your hair grow out too long. Only use an electric shaver.
  Never use a wet shaver/ razor blade.

## 3 to 4 Weeks After Treatment

Avoid the following for three to four weeks after the treatment to prolong the your treatment

- No exposing the scalp to direct sunshine or severe heat (Apply sunscreen to the scalp if outside for more than 15 minutes and reapply as needed). Unprotected sun exposure will cause fading.
- No taking a dip in a chlorinated pool
- No using of saunas or steam rooms

# Signs and Symptoms of infection

A slight amount of swelling is typical for a fresh cosmetic tattoo. If swelling becomes excessive, uncomfortable and you feel the pain radiating beyond the site of the tattoo, then this is a sign of infection. If you have a fever, then it's a sign of infection. Please call your physician immediately if you think you have an infection.

If you have any questions, please call us at (623) 698-3130